

Do you want to help others with diabetes?

If you have type 2 diabetes, you can do something: help others like you!

Diabetes is one of the most serious health problems of our time. It's essential that diabetes is diagnosed quickly and that once a diagnosis has been confirmed, patients are monitored regularly to ensure that they receive the best form of treatment to control their blood sugar levels.

Diabetes is diagnosed and monitored using a simple blood test to measure Haemoglobin A1c (HbA1c). This test is performed in hospital laboratories that participate in a special Quality Control service to help them provide accurate and reliable results. Birmingham Quality (a department within the Queen Elizabeth Hospital in Birmingham) is seeking people with type 2 diabetes to take part in the Quality Control programme designed to improve the accuracy of the HbA1c test.



To join the programme you must:

- Have type 2 diabetes which is **not** controlled using insulin
- Be between the ages of 18 and 65
- Be in good health apart from your diabetes
- Be willing to donate one unit (about a pint) of blood once or twice a year

Patients included in the study will donate their blood at the National Blood Service Centre in Birmingham City Centre, in exactly the same way as giving blood for transfusion. Patients will be given a comprehensive health assessment prior to being asked to donate blood for the programme as well as compensation for your travel.

For more information with no obligation, please call Jane French, Consultant Clinical Scientist at the Queen Elizabeth Hospital Birmingham:

Tel: 0121 414 7300

Alternatively, please e-mail us with your details and we will give you a call back.

Email: BirminghamQuality@uhb.nhs.uk